



## Howard L. Sollins

Senior Counsel

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Howard L. Sollins is an experienced health care regulatory attorney and leader of the Firm's Seniors Housing and Long Term Care regulatory team.

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Mr. Sollins' experience, which stretches over four decades, includes matters involving federal and state regulations; Medicare, Medicaid, and other reimbursement; structuring business transactions and contracts; licensing, survey and certification; certificate of need; fraud and abuse; corporate compliance; and e-health and technology.

Prior to entering private practice, Mr. Sollins served as an assistant attorney general for the Maryland Department of Health.

Mr. Sollins represents health care providers, vendors, and suppliers. His clients include hospitals and health systems; long term care providers, including skilled nursing facilities, hospices, assisted living facilities, and continuing care retirement communities; ambulance suppliers; physicians and other health care practitioners; pharmacies; and others. He has helped health systems navigate licensing and certification issues; obtain certificate of need approvals for major projects; structure business transactions, including the change of ownership process; work with banks and other lenders on health care financing transactions; and respond to False Claims Act investigations, including the negotiation of corporate integrity agreements. Mr. Sollins has represented a number of national and local health care associations. He has participated on their behalf in multiple federal negotiated rulemaking processes.

Mr. Sollins serves the community by actively participating with not-for-profit organizations in a leadership capacity, including service as a board member for The Frank and Miriam Loveman Foundation, funding programs for families in Baltimore City. He is a past president of Comprehensive Housing Assistance, Inc., a not-for-profit organization operating 1,600 affordable housing units and providing an array of community services to seniors and others. He is a past president of the Board of Advisors for the University of Maryland Baltimore School of Social Work and is the recipient of the Dean's Medal for his service.

Mr. Sollins has been recognized by *The Best Lawyers in America*<sup>®</sup>, *Chambers USA*, *Legal 500*, *Super Lawyers*, and AV<sup>®</sup> Preeminent<sup>™</sup> by Martindale-Hubbell. Additionally, he has the honor of being on the Health Law and Policy Alumni Advisory Council for American University Washington College of Law.

### Representative Matters

- Represented a network of 14 skilled nursing facilities throughout Maryland in securing a Certificate of Need (CON) to build a new facility in the state.
- Represented a senior community management company in the successful divestiture and conveyance of a continuing care retirement community to a third party. Assisted the company in obtaining approval from the Maryland Department of Aging and compliance with regulatory requirements.



## Professional Honors & Activities

### Professional Memberships

- Member – Health Law and Policy Alumni Advisory Council, American University Washington College of Law (2025)
- Member – [American Health Law Association](#)
- Member – [American Health Care Association](#) (AHCA) Legal Committee
- [LeadingAge](#)
  - Former Member – Legal Committee
- Maryland State Bar Association
  - Past Chair – Section on Health Law

### Community Service

- University of Maryland Baltimore School of Social Work
  - Past Chair – Board of Advisors
  - Past Member of the President's Roundtable
- Past President – [Comprehensive Housing Assistance Inc. \(CHAI\) Baltimore](#)
- American Health Care Association
  - Legal Committee Member
- Director – The Frank and Miriam Loveman Foundation
- Past Member, Advisory Board – [Stella Maris](#)
- Special Drafting Committee on Health Care Decision-Making Legislation
  - Member – appointed by the Conference of Circuit Court Judges of Maryland (1992 – 1993)
- Past Member, Board of Directors – Waxter Senior Center Foundation

### Honoraries

- Listed in *Chambers USA* as a leading Health Care lawyer in Maryland (2006 – 2025)
- Listed in *The Best Lawyers in America*® for Health Care Law (1993 – 2026)
- Listed in *Maryland Super Lawyers*, Health Care (2007 – 2022)
- AV® Preeminent™ Peer Review Rated by Martindale-Hubbell
- Recipient – Dean's Medal, University of Maryland Baltimore School of Social Work (2020)
- Recipient – Board Member of the Year, Comprehensive Housing Assistance, Inc. (CHAI) Baltimore (2018)
- Recipient – Impact Award, Light of Truth Center (2016)
- Recipient – Leadership in Law Award, *The Daily Record* (2012)



## Professional Background

- Assistant Attorney General, Office of the Attorney General of Maryland, Department of Health & Mental Hygiene, Baltimore, Maryland (1982 – 1985)



## Publications

- "Maryland Proposes New Public Interest Review for Health Care Transactions and CON Law Changes" (February 2026)
- "CMS Releases Fiscal Year 2026 State Performance Standards System (SPSS) Guidance" (February 2026)
- "Reinvesting in Care: CMS Unveils Enhanced CMPRP Guidelines" (October 2025)
- "Enhancing Compliance in Nursing Facilities: OIG's New Guidance" (December 2024)
- "CMS Revises Immediate Jeopardy Guidance: Key Updates for Providers" (December 2024)
- Co-author – "Decisional Capacity — When and How to Determine," AMDA's *Caring for the Ages* (January 2023)
- Co-author – "Breaking Down the Fundamentals of CMS' Updates to Appendix PP of the State Operations Manual," American Health Lawyers Association (November 2022)

- Co-author – "Calling All Nursing Homes: Summarizing the Fundamentals of CMS Updates to Appendix PP of the State Operations Manual" (October 2022)
- "A Call for Clear, Coordinated and Manageable Expectations of Nursing Homes," *McKnight's Long-Term Care News* (April 2022)
- "Nursing Homes a Top Area of Focus in Presidential State of the Union Address" (March 2022)
- Commentary – "Howard L. Sollins: Md. hospitals' community-based strategies," *The Daily Record* (December 2017)



## Speaking Engagements

- "Legislative and Regulatory Update: What's Hot and Happening with SNFs and ALFs," LifeSpan 2025 Annual Conference & Expo (September 2025)
- "Regulatory and Legal Update for Skilled Nursing and Assisted Living Facilities," Lifespan Annual Conference (September 2023)
- Moderator – "Post-Election Analysis: What Do the Election Results Mean for Long Term Care Providers?," 2022 Baker Donelson Long Term Care Symposium (November 2022)
- "Healthcare Connections" (October 2022)
- "Innovations in Healthy Aging 2022 Summit: Bridging Academia and Industry" (June 2022)
- Moderator – "When Chaos Threatens: Key Tips for Owners and Operators for Avoiding Disasters in Surveys and Enforcement and in Navigating the Process with Lenders and Other Funders," eCap Healthcare Summit, Miami, Florida (February 2020)
- "Regulatory and Legal Update for Skilled Nursing Facilities," LifeSpan Annual Conference (September 2019)
- "Regulatory and Legal Update," Health Facilities Association of Maryland (June 27-28, 2019)
- Moderator – "Navigating the Survey Process," 2018 Long Term Care Symposium (November 2018)
- "Preparation and Implementation of the New Survey Process," Health Facilities Association of Maryland (March 2018)
- "Best Practices: Informal Dispute Resolution Process," South Dakota Association of Healthcare Organizations webinar (March 2017)
- "Key Components of an Effective Compliance Program," Beacon Institute, Columbia, Maryland (February 2017)



## Webinars

- Navigating Risks & Implications of CMS's SNF Probe & Educate Review (June 2023)



## Education

- American University, Washington College of Law, J.D., 1979
  - *American University Law Review*, 1978, 1979
- George Washington University, B.A., 1975



## Admissions

- Supreme Court of Maryland
- Supreme Court of Pennsylvania
- U.S. District Court for the District of Maryland