

# PUBLICATION

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## Diversity Matters: Note from the Editor

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Happy New Year! It feels like as quickly as 2022 began, it ended. As I reflect on last year, some of my favorite memories are the times I slowed down to assess my overall health: mentally, physically, spiritually, and emotionally. I was intentional about taking some time for myself, my family, and my friends. It was after investing time in me that I showed up as the best version of myself. Though we all can easily (and quickly) become overwhelmed by never-ending to-do lists and pulls from work, family, friends, and community, do not forget to take time to take care of YOU. These last few years have shown me that time is precious and what you choose to do with it is critical . . . but regardless of external responsibilities, how you use your time is ultimately YOUR choice.

So, as you gear up for 2023, be intentional about what you do, who you do it with, and why you are doing it. If we all were more intentional about spreading joy and love, we would effortlessly edge that much closer to the inclusive climates we all may not realize we so desperately need for our overall health.

In this edition of *Diversity Matters*, we discuss the impact of the bipartisan support of the Respect for Marriage Act; we discuss how employers can use evaluations as a tool to defend against employment claims; we encourage you to tune in to Season 4 of our *Diversity Ever After* podcast and give a sneak peek into some of the topics; and we share a discussion between two colleagues who – though outward appearance may suggest they have little in common – realized just how much common ground exists between them.