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Shareholder Spotlight: Christy Tosh Crider

Authors: Christy T. Crider

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Christy T. Crider, a shareholder in Baker Donelson's Nashville office, is the head of the Firm's Long Term Care Group, as well as the chair of the Firm's Women's Initiative. Christy concentrates her practice in long term care, behavioral health companies, managing the litigation of numerous long term care facilities around the country, medical malpractice litigation, and many areas of tort and commercial litigation. She works with health care companies on quality assurance, corporate compliance, general business advice and litigation avoidance.

Q: If you weren't a lawyer, what would you be doing? I'd be playing Christine in *Phantom of the Opera* on Broadway. Or I'd be a blues singer with an entire jamming choir backing me up. Or I'd live on a farm and keep bees, raise chickens and raise my own food with six kids. Or I'd be an Americana singer-songwriter in Nashville and stay up past 10:00 p.m. (my current bedtime) so I could play in the round at the Bluebird Café. Or I'd be a geriatric physician pioneering for those at the end of their lives to live them as they pleased, even if they have dementia. I love my life's work, but there are dozens of careers that interest me.

Q: What is the best piece of advice you have ever been given? If you hit the target every time, you're setting your goals too small. Failure is integral to growth. It's OK to make mistakes. Oh yeah, and wear sunscreen every day.

Q: What do you like to do in your free time? Take trips with each of my two children individually. Make music with people I enjoy. Lay in warm sand with a cold drink and good music. Cook with a nice glass of red wine. Listen to live music with the people I love most.

Q: If you won the lottery, what would you do? Take one year off and live in 12 different interesting cities around the world for one month each. Then come back to my amazing life and keep doing the same thing, except do it with a driver, a cook, a housekeeper, a yard guy, a masseuse and a shopper.

Q: What's your favorite place in the world? Beside a fireplace and a Christmas tree with one child on each side of me. And Rosemary Beach, Florida, in the early fall at dusk. And the Ryman. Don't make me choose.

Q: What's the best business book you've ever read? *Lean In: Women, Work and the Will to Lead* by Sheryl Sandberg.

Q: If we looked at your iTunes account right now, what would be at the top of your "most played" list? Jason Isbell, Lucinda Williams, Ryan Bingham, Sturgill Simpson, Chris Stapleton, The SteelDrivers, Flo Rida, John Lee Hooker, Willie Nelson, Hayes Carll, Ray Charles, Bruno Mars, Eva Cassidy, John Prine, Luciano Pavarotti, Robert Earl Keen. I'm embarrassed my percentage of women is so low. I'm going to work on that.